

★ Welcome ★

Spring is here....and welcome to this edition of *A Tasty Surprise*. We have been busy getting ready for the many different regional events held at this time of the year. We are exhibiting at Gourmet in Gundy on the 13th September, so please stop and say hello if you are there.

I am pleased to say that we have updated the email list so hopefully we have a lot of new people getting our newsletter this month. I look forward to hearing from you.

If you have any products that you wish me to source and stock please ask.

Happy Cooking! Phoebe

Products stocked:

Bellata Gold Pasta

Hunter Belle Cheeses

Queen Ruby's Biscotti

Gwydir Grove Olive Oils

Green Grove Organics Licorice

Rosie's Honey Mustard Dressing

Sydney Biscuit Company's Lavosh

Simply Stirred Dressings and Pastes

Screaming Seeds herb and spice mixes

★ **Featured Products** ★

Simply Stirred Dressings and Pastes are a fantastic addition to your spring and summer BBQ's and salads. All products are prepared and cooked in small batches to ensure quality and flavour. They contain few or no preservatives, additives or colours, and are made with top quality fresh ingredients.

With a range that includes stir fry pastes, dressings, condiments and marinades, there is sure to be something appealing for your family and guests alike. They have released some new flavours lately so why not try them this salad season.

Phoebe Watts

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The Cheese Board ★

This month orders are being received now for delivery starting Friday 11th September. To coincide with Gourmet in Gundy. All Hunter Belle Cheese products are hand made from Brown Swiss cows' milk. You can email or phone your orders through. I have attached the order form and price list along with this newsletter.

Please place orders by

Friday 11th Sept.

***Hunter Belle Cheese
Available this month.***

A Tasty Surprise

Camembelle: Gold Medal winning camembert style cheese

Goldenbelle: Gold Medal winning washed rind style cheese

Bluebelle: A camembert style cheese with a mild blue vein

Fromagebelle: fresh curd cheese that is spreadable

Fetabelle in Brine: Gold Medal winning feta style cheese stored in brine

Marinated Fetabelle: Gold Medal winning feta style cheese marinated in an olive oil blend with garlic and Italian herbs

Yobelle: Handmade natural yogurt

THE **CHEFS** toolbox

Host a party in spring and I will give you a free bottle of Simply Stirred Dressing to celebrate salad season. Call me to book in your next cooking party and enjoy all the benefits of hosting a fun party including, half price shopping, reward points to use on products of your choice and gifts.

Get in early to book your Christmas parties and you can do your Christmas shopping from home. Christmas specials will be released in October.

Don't forget to check your points total and go online to redeem them for products of your choice.

Contact me to book your party or fundraiser or for assistance with your Chefs Club Points.

A Tasty Surprise Price List



Screaming Seeds are:

100% PURE & NATURAL

GLUTEN FREE AND NUT FREE TOO!!

NO artificial fillers

NO bulking / anti-caking agents

NO preservatives

NO wheat/rice/soy fillers

NO nuts or MSG are added

We are proud to produce **GM FREE** spice blends!

Brand	Product	Size	Price
Sydney Biscuit Company	Nigella Lavosh	200g	\$ 7.00
Sydney Biscuit Company	Sea Salt Lavosh	200g	\$ 7.00
Queen Ruby	Fig & Almond Biscotti		\$ 7.00
Queen Ruby	Pistachio & Cranberry Biscotti		\$ 7.00
Queen Ruby	Amaretti		\$ 7.00
Queen Ruby	Choc Almond Biscotti		\$ 7.00
Queen Ruby	Almond Cinnamon Sticks		\$ 7.00
Green Grove Organic	Licorice	250g	\$ 8.00
Green Grove Organic	Milk Choc Licorice	200g	\$ 8.00
Green Grove Organic	Dark Choc Licorice	200g	\$ 8.00
Simply Stirred	Caramelised Balsamic Dressing	250mL	\$ 15.00
Simply Stirred	Caramelised Balsamic Dressing with Pepper	250mL	\$ 15.00
Simply Stirred	Caramelised Balsamic Dressing with Raspberry & Vanilla	250mL	\$ 15.00
Simply Stirred	Vietnamese Mint & Coconut Dressing	250mL	\$ 15.00
Simply Stirred	Caramalised Soy Dressing with Ginger	250mL	\$ 15.00
Simply Stirred	Chilli & Tamarind Dressing	250mL	\$ 15.00
Simply Stirred	Mandarin & Mint Dressing	250mL	\$ 15.00
Simply Stirred	Sweet Chilli Lime & Coriander Dressing	250mL	\$ 15.00
Simply Stirred	Lemongrass Lime & Chilli Marinade	250mL	\$ 15.00
Simply Stirred	Roasted Chilli & Sesame Marinade	250mL	\$ 15.00
Simply Stirred	Sweet Ginger & Sesame Marinade	250mL	\$ 15.00
Simply Stirred	Asian Spiced Dukkah	250mL	\$ 10.00
Simply Stirred	Roasted Eggplant & Shallot Sambal	280g	\$ 10.00
Simply Stirred	Tomato Chilli Sambal	290g	\$ 10.00
Simply Stirred	Caramelised Onion	290g	\$ 10.00
Simply Stirred	Blackbean & Pepper Paste	290g	\$ 10.00
Simply Stirred	Schezuan & Kaffir Lime Paste	290g	\$ 10.00
Simply Stirred	Chilli & Ginger Paste	290g	\$ 10.00
Simply Stirred	Peanut & Lime Paste	290g	\$ 10.00
Rosie's	Honey Mustard Dressing	250mL	\$ 15.00
		375mL	\$ 20.00
		1L	\$ 35.00

Bellata Gold	Plain Tagliarini	375g	\$ 6.00
Bellata Gold	Plain Linguine	375g	\$ 6.00
Bellata Gold	Plain Fettuccine	375g	\$ 6.00
Bellata Gold	Plain Pappadelle	375g	\$ 6.00
Bellata Gold	Plain Penne	375g	\$ 6.00
Bellata Gold	Hot Chilli Linguine	375g	\$ 6.00
Bellata Gold	Saffron Linguine	375g	\$ 6.00
Bellata Gold	Garlic, Basil & Celery Linguine	375g	\$ 6.00
Bellata Gold	Squid Ink Linguine	375g	\$ 6.00
Bellata Gold	Lemon Myrtle Fettuccine	375g	\$ 6.00
Bellata Gold	Parsley Fettuccine	375g	\$ 6.00
Bellata Gold	Spinach Fettuccine	375g	\$ 6.00
Bellata Gold	Coriander Tagliatelle	375g	\$ 6.00
Bellata Gold	Flavoured Rotini	375g	\$ 6.00
Bellata Gold	Flavoured Bellaroots	375g	\$ 6.00
Bellata Gold	Flavoured Bellakoalas	375g	\$ 6.00
Bellata Gold	Durum Semolina	1kg	\$ 8.00
Bellata Gold	Durum Flour	1kg	\$ 8.00
Screaming Seeds	Dukkah	45g	\$ 6.50
Screaming Seeds	Bengal 5 Spice	45g	\$ 6.50
Screaming Seeds	Garam Masala	45g	\$ 6.50
Screaming Seeds	Virgin Island Mix	45g	\$ 6.50
Screaming Seeds	7 Seas Spice	45g	\$ 6.50
Screaming Seeds	Southern Cajun	45g	\$ 6.50
Screaming Seeds	Kashmiri Krush	45g	\$ 6.50
Screaming Seeds	Caribbean Chilli	45g	\$ 6.50
Screaming Seeds	Marrakesh Magic	45g	\$ 6.50
Screaming Seeds	Rainforest Season	45g	\$ 6.50
Screaming Seeds	Desert Cajun Rub	45g	\$ 6.50
Screaming Seeds	Outback Blend	45g	\$ 6.50
Screaming Seeds	Moonlight Dreaming	45g	\$ 6.50
Screaming Seeds	Smokey Tomatina	45g	\$ 6.50
Screaming Seeds	Piri Piri Blend	45g	\$ 6.50
Screaming Seeds	Tang Sichuan	45g	\$ 6.50
Screaming Seeds	Quatre Epice	45g	\$ 6.50
Screaming Seeds	Taco/Burrito Seasoning	45g	\$ 6.50
Screaming Seeds	Mediterranean Mix	45g	\$ 6.50
Screaming Seeds	Greek Seasoning	45g	\$ 6.50
Screaming Seeds	Baharat	45g	\$ 6.50
Screaming Seeds	Paella Blend	45g	\$ 6.50
Gwydir Grove Medal Winner	Gwydir Grove Extra Virgin Olive Oil	250mL	\$ 15.00
Gwydir Grove	Family Extra Virgin Olive Oil	750mL	\$ 20.00
Gwydir Grove	Blood Orange Agrumato	250mL	\$ 20.00
Gwydir Grove	Fresh Lime Agrumato	250mL	\$ 20.00
Gwydir Grove	Zesty lemon Agrumato	250mL	\$ 20.00
Gwydir Grove	Lemon Myrtle Infused Olive Oil	250mL	\$ 15.00
Gwydir Grove	Bush Herb Infused Olive Oil	250mL	\$ 15.00
Gwydir Grove	Australian Native Mint & Garlic fusion Olive Oil	250mL	\$ 15.00
Gwydir Grove	Australian Balsamic Vinegar	250mL	\$ 15.00
Gwydir Grove	Black Manzanillo Olives	500g	\$ 10.00
Gwydir Grove	Black Kalamata Olives	500g	\$ 10.00
Gwydir Grove	Hot and Spicy Green Olives	500g	\$ 10.00
Gwydir Grove	Lemon Pepper Green Olives	500g	\$ 10.00
Gwydir Grove	Manzanillo Paté.	205g	\$ 10.00